



Co-funded by the  
Erasmus+ Programme  
of the European Union



# “Outdoor Activities Reinforce Youth for Social Inclusion”

**2024-I-EL02-KA151-YOU-000202377**

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Erasmus+ KA151-YOU  
Staff Mobility – Professional Development Activity

Selianitika, Greece

02 October 2024 - 08 October 2024

**FONDAZIONE**  
TOSCANA SOSTENIBILE



# OBJECTIVES

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- Improve the preparation of youth workers and youth leaders, so that they will be able to support participants, especially those with fewer opportunities during the mobility activities.
- Enhance and motivate youth workers' awareness about the opportunities for youth social inclusion via combination of non-formal learning and outdoor activities.
- Setting the basis for the creation of an international network in Erasmus+, in the framework of our Erasmus+ accreditation.
- Creating common standards for the involvement, preparation and follow up of participants, especially those with fewer opportunities, in need of social inclusion.
- Making agreements about mutual cooperation in future projects in the field of reinforcing youth social inclusion through outdoor activities; Planning the activities for 2024.
- Develop social skills, team spirit and attitudes of youth workers, sharing experiences, exchange ideas and establishing quality partnerships with European peers.

# WHEN



## October 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>2 October</b> <b>Arrival Day</b> <b>Professional</b> <b>Development</b> <b>Activity</b>	<b>3 October</b> <b>Professional</b> <b>Development</b> <b>Activity</b>	<b>4 October</b> <b>Professional</b> <b>Development</b> <b>Activity</b>	<b>5 October</b> <b>Professional</b> <b>Development</b> <b>Activity</b>	<b>6 October</b> <b>Professional</b> <b>Development</b> <b>Activity</b>
<b>7 October</b> <b>Professional</b> <b>Development</b> <b>Activity</b>	<b>8 October</b> <b>Departure Day</b>					

# PROFESSIONAL DEVELOPMENT ACTIVITY AGENDA

	Day 1 (Arrival Day) Wednesday 02/10/24	Day 2 Thursday 03/10/24	Day 3 Friday 04/10/24	Day 4 Saturday 05/10/24	Day 5 Sunday 06/10/24	Day 6 Tuesday 07/10/24	Day 7 (Departure Day) Wednesday 08/10/24
08.00-09.00	Arrival of Participants at Athens International Airport, Greece	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Departure of Youth Workers from Selianitika, Greece by Shuttle Bus to Athens International Airport, Greece
09.00-09.30		Ice-Breaking Activities Energizers Team Building	Energizers	Energizers	Energizers	Energizers	
09.30-11.00			Case Study Visit of the University Sports Center of University of Patras	Trip to Patras	Outdoor Activities	Trip to Aigio	
11.00-11.30		Coffee Break		Coffee Break	Visit the Mayor of Aigialeia		
11.30-13.00		Expectations, Fears, Contributions, Rules		Outdoor Activities		Erasmus+ Projects and Youthpass Presentation	
13.00-16.00		Lunch	Lunch	Lunch	Lunch	Lunch	
16.00-17.30	Trip by Shuttle Bus from Athens International Airport to Selianitika, Greece	Social Inclusion	Trip to Patras	Outdoor Activities for Social Inclusion	Methods of Outdoor Activities for Soial Inclusion	Host Organization's Certificates Ceremony	
17.30-18.00		Coffee Break		Coffee Break	Coffee Break	Coffee Break	
18.00-19.00		Social Inclusion		Outdoor Activities for Social Inclusion	Methods of Outdoor Activities for Soial Inclusion	Final Reflection	
19.00-20.00	Getting to Know the Venue	Reflection	Reflection	Reflection	Reflection	Final Evaluation	
20.00-21.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00-...	Welcome Evening	Intercultural Night I (Romania, Hungary)	Free Evening	Intercultural Night II (Türkiye, Italy)	Free Evening	Intercultural Night III (Bulgaria, Greece) Farewell Evening	



# WHERE



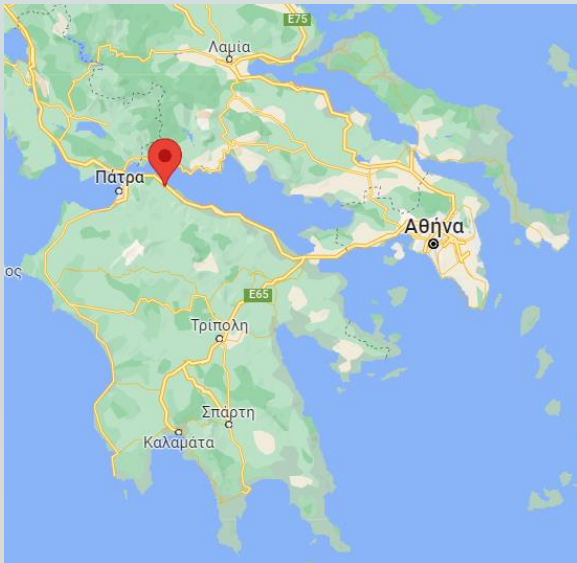
# VENUE

Selianitika, Greece

“Hotel Kanelli Beach” in Selianitika, Greece

Athens International Airport - Selianitika  
Distance: 209 km, approximately 2.5 hours

Website: <http://hotelkanelli.gr/index.php/el/>  
Telephone: +30 26910 72213  
Address: Selianitika Beach, Greece



Youth workers will be accommodated in 2-bed or 3-bed rooms.



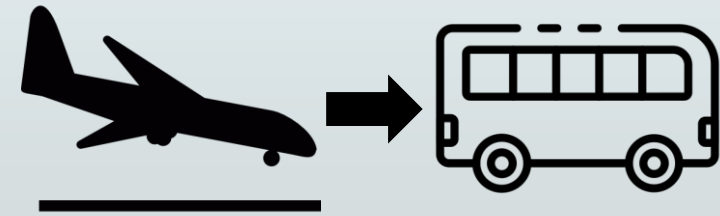
# ORGANIZING YOUR TRAVEL

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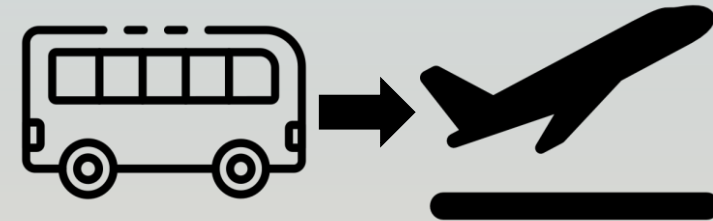
For your way from Athens International Airport to Selianitika we will arrange a shuttle bus to pick you up and transfer you to the venue.

Please book your flights in order to **arrive at Athens International Airport till 15.00** the latest **on 2<sup>nd</sup> October 2024** so as to catch the shuttle bus.



We will also arrange a shuttle bus to pick you up from the venue and transfer you to Athens International Airport on departure day.

Please book your departure flights in order to **depart from Athens International Airport after 13.00 on 8<sup>th</sup> October 2024** so as to catch the shuttle bus.



# WHO



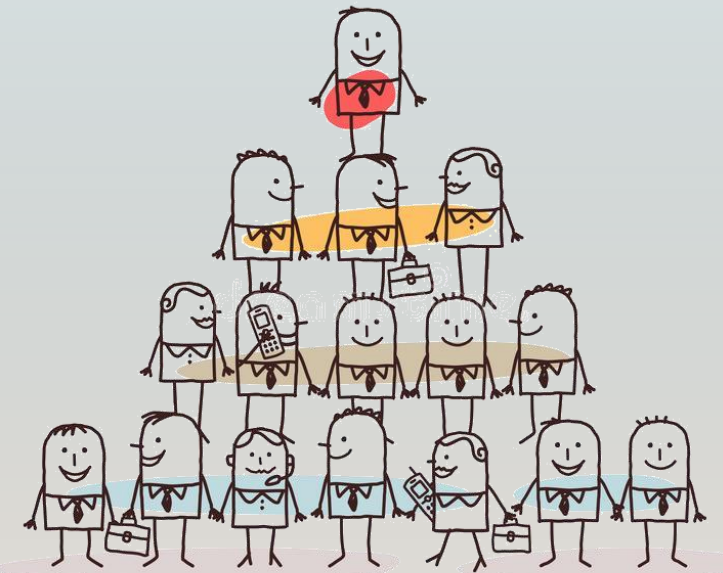
Country	Organisation	Participants	Role
Greece	Achaiko Instituto Ekpedefsis Enilikon	4	Coordinator
	Youth Waves 4 EU	3	Partner
Romania	Filiala Braila Patronatul Roman	2	Partner
	Magdalena Deijs Foundation	2	Partner
Türkiye	Avrasya Gençlik Gelişim Derneği	3	Partner
Italy	Fondazione Toscana Sostenibile Onlus	3	Partner
Hungary	Fiatalok a részvételért Egyesület	3	Partner
Bulgaria	Champions Factory	2	Partner



# PARTICIPANTS



- Youth workers aged over 22 years old with previous experience in Erasmus+ Youth Projects.
- The participants from each partner with a key role in the organization, who will be also involved in 2 online preparatory meetings in August and early September, and 1 online follow-up meeting in November.
  - Have at least a very good level of English (C1 level).
- Interested in sharing the acquired knowledge, soft skills and competences to youngsters with fewer opportunities in their countries.
  - Application form till 25<sup>th</sup> August 2024:  
<https://forms.gle/5xM4tr9Hu5v7frPE6>





# FINANCIAL CONDITIONS



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Accommodation, food (breakfast, lunch, dinner) and program materials will be totally covered by project's budget.

Transportation costs of all participants will be covered by project's budget up to Erasmus+ limits of transportation costs for a certain country, based on Erasmus+ distance calculator.

Buying all tickets is an obligation of participants (with partners' organization support).

**PLEASE DO NOT buy your tickets without having prior confirmation from the coordinator.**

Note that the following costs will NOT be covered by the project's budget:

**Taxi, Personal Car, Parking, Extra luggage, Personal Costs.**

**A non-refundable 20€ fee will be charged to each person for the trips to Patras and Aigio.**

# REIMBURSEMENT



Partner	Organisation	Participants	Distance Band	Reimbursement per person
Greece	Achaiko Instituto Ekpedefsis Enilikon	4	10-99km	28 €
	Youth Waves 4 EU	3		
Romania	Filiala Braila Patronatul Roman	2	500-1999km	309 €
	Magdalena Deijs Foundation	2		
Türkiye	Avrasya Gençlik Gelişim Derneği	3	500-1999km	309 €
			Visa	100 €
Italy	Fondazione Toscana Sostenibile Onlus	3	500-1999km	309 €
Hungary	Fiatalok a részvételért Egyesület	3	500-1999km	309 €
Bulgaria	Champions Factory	2	500-1999km	309 €

Mentioned amount is the maximum level

of possible reimbursement, according to the European Distance Calculator.

All participants should issue an invoice with the following details:

**Name: Achaia Adult Education Institute**

**Profession: NGO**

**Address: Voriou Ipirou 58, Patras, 26224, Greece**

**VAT number: 998834353**

**Tax Office: 3rd DOY of PATRAS**

# REIMBURSEMENT RULES



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Before booking a ticket, please ask the coordinator for approving the ticket.

After approval of the tickets, you can book the tickets.

Forward all e-tickets and boarding passes to the project's coordinator e-mail in pdf format.  
Also, bring all original tickets and boarding passes printed during the Training Course.

If tickets are booked in another currency, the amount will be converted to euros (€) according to the currency rate of the day that the tickets were booked according to European Central Bank.

Missing or lost tickets are not reimbursed. Tickets with longer extra stay will NOT be reimbursed.

NOTE: The reimbursement will be done by bank transfer, for all participants in the NGOs' accounts when all documents are fulfilled.

# SAFETY AND HEALTH ISSUES

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## **Health Insurance**

Participants are themselves responsible to get a travel insurance. We do encourage to issue at least European Health Insurance Card or an Additional Travel Insurance. If anyone who uses medicine should bring with themselves. We don't give any medicines and we don't cover insurance fees.

## **Allergies – Food Preferences – Special Diet**

If there's any person with special diet/allergies, please inform us via the application form mentioned previously in the Infopack. It is especially important for us to know about diets/allergies/special needs.

## **COVID-19 Protocol**

We apply to all relevant international regulations provided by the Greek law and authorities and we will let you know if any measures against COVID-19 are in force in our region.

# DO NOT FORGET

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Do not forget to bring with you:

- All original Tickets and Boarding Passes
- European Health Insurance Card
- ID card and Photocopy of ID card
- Laptop or Tablet
- Material and National Products for the Intercultural Nights
- Swimsuit - Sunscreen – Hat – Umbrella – Jacket – Mid-season clothes
- Medicines, if needed
- Pocket Money



# CONTACT US



# COORDINATOR

In case of any additional questions feel more than welcome to contact us:

**Sandy Vamvaka-Christodouloupoulou**

Chairwoman – Contact person

achaias.institute@gmail.com

+30 697 3020166

**Michail Lykouras**

Administrative Officer

Email: michalislyk@gmail.com

Telephone: +30 697 2119953

**Facebook Group:** <https://www.facebook.com/groups/1205187527286000>

**Achaia Adult Education Institute**

**Address:** Voriou Ipirou 58, 26224, Patras, Greece

**Email:** [achaias.institute@gmail.com](mailto:achaias.institute@gmail.com)

**Website:** <http://achaikoinstituto.gr/>

**Facebook:** [Achaia Adult Education Institute](https://www.facebook.com/AchaiaAdultEducationInstitute)

**Instagram:** [achaiaadulthoodeducationinstitute](https://www.instagram.com/achaiaadulthoodeducationinstitute)

